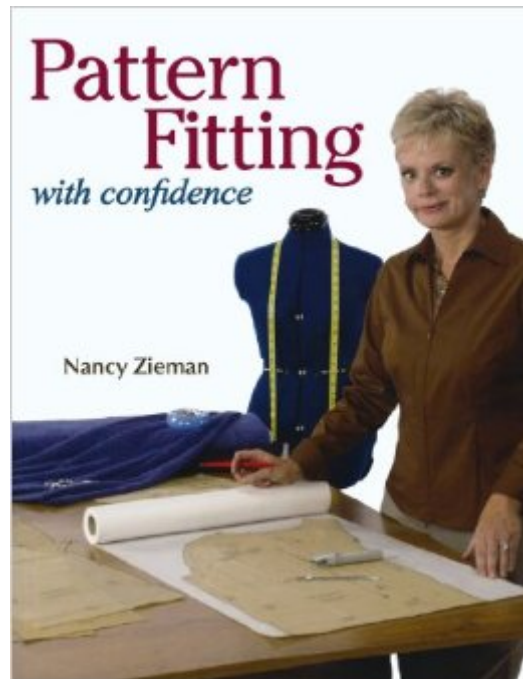


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# Pattern Fitting With Confidence



## Synopsis

Nancy Zieman's pattern fitting approach is easy - no cutting, slashing, tucking or pinching--just logical and easy pivot-and-slide techniques, providing a painless method to follow that results in a garment that is comfortable and attractive. Once you learn Nancy's techniques for fitting, you will find it easy to make every garment you sew fit your size and shape. Multiple fitting charts are included in the book, as well as an index for locating technical information at a glance.

## Book Information

Paperback: 128 pages

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (135 customer reviews)

Best Sellers Rank: #48,079 in Books (See Top 100 in Books) #40 in [Books > Crafts, Hobbies & Home > Crafts & Hobbies > Needlecrafts & Textile Crafts > Fashion](#) #45 in [Books > Crafts, Hobbies & Home > Crafts & Hobbies > Needlecrafts & Textile Crafts > Sewing](#)

## Customer Reviews

This is for the paperback book/dvd combination. The DVD is of two "Sewing with Nancy" shows for a total of 60 minutes. The first show covers general measurements and fitting top patterns. It also has a "Nancy's Corner" segment on quilts using Zulu designs. The second show covers fitting pants. "Nancy's Corner" segment is about quilts for the "Go Red" heart campaign. The pivot method is used throughout. Details covered in the first show are: right-size measurement (see below) and taking accurate measurements for the bust, waist, hip, hip length, back waist length, and sleeve length. Nancy shows how to adjust the bust, shoulders and sleeves. Details covered in the second show include adjustments for waist, hip, crotch and fitting the side curve. The book has six chapters: Getting Started Basic Fitting Changes Combining Fitting Techniques Fitting Skirts Fitting Pants Fine-Tuning the Fit The book has more detail than the video allows. Nancy uses one measurement to choose a pattern for tops. She calls this the "right size measurement". It is the line from one arm pit to the other arm pit to the closest 1/2 inch. She shows how to correlate this to a pattern size. This allows for a better fit than using the bust measurement. The book shows how to

do the pivot and slide technique which can be used to make any changes needed. The book shows details of all the adjustments on the video plus more such as sway back, curved back and dart changes. The combining fitting chapter shows how to increase one part while decreasing another part. In the pants fitting chapter, Nancy does not use the hip measurement to determine pants size. This is to avoid a baggy fit in the legs and a low hanging crotch.

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